



THE REDEEMED CHRISTIAN CHURCH OF GOD

CHRIST THE LORD PARISH

LAGOS PROVINCE 20, LEKKI PHASE 1

DIGGING DEEP OUTLINE

THEME: LETTER TO THE EPHESIANS **(TUESDAY, OCTOBER 10TH, 2023)**
TOPIC: PRAYER, A BELIEVER'S LIFESTYLE **TEXT: EPHESIANS 6:18-24**

INTRODUCTION: There is a strong and powerful relationship between putting on the armor of God and praying, these two things belong together, in fact, one grows out of the other, it is not enough to put on the armor of God without embarking on effective and fervent prayer. Paul Suggests that we put on these armor of God, then stand before God to pray.

Prayer is our spiritual oxygen, prayerlessness will result to spiritual death, Luke 18:1; Matt 26:41 (Luke 22:32 Jesus prayed for Peter). Jesus encouraged us to pray and not to sleep because the enemy is always awake. Matt 13:25, Ephesians 5:14, Rom 11:8, Isaiah 56:10

Smith Wigglesworth said "I don't often spend more than half an hour in prayer at one time but I never go more than half an hour without prayer".

OUTLINE: PLACE OF PRAYER

Prayer is a Key aspect of the believer's life (Ephesians 6:18)

1. Believers should live a life of prayer Luke 18:1, 1Thess 5:17, Rom 12:12
2. Jesus disciples requested that he teach them how to pray Luke 11:1-5

The content of Prayer (Ephesians 6:18)

A prayer is a spiritual communion with God which includes conversation and request, prayer can be grouped in its various forms and expression such as;

Prayer- This is thanksgiving, Praise, confession, listening, reflection, Adoration.

Petition- Supplication, Focus, Request. Phi 4:6, 2 Kings 19:14-19; 20:1-7, Isa 37:14

Individual prayer (Matt 6:6), Prayer of Agreement (Matt 18:19), Corporate prayer (Acts 12:5)

Effective Prayer is made in the Spirit (Ephesians 6:18)

Praying in the spirit is to pray according to God's will and His word (1John 5:14: John 6:63b)

Praying in the spirit is to pray with a righteous heart and dependence on God(Ps 66:18)

Prayer should be made at all time (Ephesians 6:18)

There is no safe zone without Prayers (1Thess 5:17, Luke 18:1, Act 1:14, Ps 120:1)

We cannot withstand temptation or overcome life challenges without prayer (James 5:14, Matt 26:41, Dan 6:10, Ps 53:6-7)

Pray Perseveringly (Ephesians 6:18)

Prayer should be made like the widow and the Judge in Luke 18:1-4, 2Cor 12:7-9, Luke 11:5-8

Effective prayer targets on the kingdom needs, (Ephesians 6:19)

Prayer for fellow soldiers (Eph 6:18, 19, 20 teach us that those who are in Christian service need prayer (Act 12:3 -), Act 4:29

Prayers for those on the frontlines of the ministry i.e Missionaries, Evangelists, Pastors, Christian Leaders (these are targets of the enemy, Act 12:3, 1Cor 2:3)

God works in us for others and not for ourselves alone, hence, Paul asked for boldness to speak and not to be released.

In conclusion, the letter to the Ephesians begins by lifting us up to the heavenlies and end by pulling us down to our knees in prayer, the Christian life is not all about making ourselves happy and comfortable, it is a battle with the unseen forces of wickedness in the heavenly places, we must be people of prayer, we can only advance safely on our knees.